

1. **Friendships**- able to form and maintain positive relationships with peers and join groups within the school community
2. **Friendships**- able to resolve conflict with others and move forward in relationships in a successful way
3. **Spiritual development** - inspired, motivated and engaged in the world around them
4. **Readiness to learn**- able to focus and attend to adult led activities
5. **Learning to learn** -able to accept and apply different strategies in their learning and ultimately develop increased independent learning skills
6. **Communication- functional** - able to independently communicate important information to get their needs met and get help
7. **Communication- social** - able to enjoy and take part in an appropriate 2 way communication with both adults and peers in a variety of settings
8. **Waiting**- manages anxiety and/or frustration when having to wait for events, resources or people
9. **Community- out and about**- able to manage different environments in the community, overcoming any personal anxieties
10. **Community**- generalising skills- able to apply knowledge and skills they have learnt in school in community settings
11. **Emotional development**- able to recognise basic emotions in self and others
12. **Emotional development** - Able to regulate and communicate their emotions
13. **Emotional development**- recognise and appreciate own abilities and difficulties- has a positive self esteem
14. **Emotional development**- Theory of mind- able to know and understand situations from the perspective of other people and adjust their behaviour in order to support someone else
15. **Emotional development**- manages changes and or problems that arise in their day, routine, environment or staff team calmly
16. **Personal safety**- able to make safe choices in school and recognise hidden risks and manage safety in the community
17. **Personal safety**- knows how to keep themselves safe with technology
18. **Self-help- ready for life** - manages personal care routines independently including toileting, hygiene and dressing
19. **Self-help- play and leisure**- able to participate and enjoy a range of leisure activities within and beyond their key interests
20. **Healthy lifestyles**- able to engage in and enjoy regular physical activities developing vitality
21. **healthy lifestyle- food**- to know and understand what food is good for them and maintain nutritional health
22. **Healthy lifestyle - Mental Health** - knows how to have good mental health and is able to fill their "emotional tank".
23. **Sensory processing** - Can recognise their sensory processing difficulties and actively engage in activities that help them address their sensory processing needs.

